

MENU

AUGUST

LMHS Breakfast Menu August 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Yogurt parfait	Hash brown Sausage links Cereal Fresh fruit	Egg McMuffin sandwich Fresh fruit
Muffin String cheese Fresh fruit	Waffle Sausage links Fresh fruit	Benefit bar Yogurt Fresh fruit	Breakfast burrito Fresh fruit	Breakfast taquito Fresh fruit
Banana bread String cheese Fresh fruit	Pancakes Sausage links Fresh fruit	Yogurt parfait	Hash brown Sausage links Cereal Fresh fruit	Egg McMuffin sandwich Fresh fruit

1% plain and non-fat chocolate milk offered daily.

Alternative breakfast offered daily:

Bagel
Yogurt
Fresh fruit

Students must take at least 1 cup of fruit daily at breakfast.

This institution is an equal opportunity employer.



MENU

AUGUST

LMHS Lunch Menu August 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1	2
5	6	7	8	9
12	13	14 Turkey bacon ranch wrap Caesar salad Carrot sticks Fresh fruit	15 Teriyaki chicken bowl Steamed carrots and broccoli Fresh fruit	16 Pepperoni pizza Fresh fruit Carrot sticks Snap peas sherbet
19 Chicken burger Curly fries Snap peas Fresh fruit	20 Carnitas street tacos Elote in a cup Refried beans Fresh fruit	21 Turkey sub sandwich Fresh fruit Carrot sticks Snap peas	22 Popcorn chicken bowl Carrot sticks Corn Fresh fruit	23 Beef ravioli Carrot sticks Celery sticks Fresh fruit sherbet
26 BBQ pork rib sandwich Curly fries Coleslaw Fresh fruit	27 Beef nachos Black bean salad Corn on the cob Fresh fruit	28 Turkey bacon ranch wrap Caesar salad Carrot sticks Fresh fruit	29 Teriyaki chicken bowl Steamed carrots and broccoli Fresh fruit	30 Pepperoni pizza Fresh fruit Carrot sticks Snap peas sherbet

1% plain and non-fat chocolate milk offered daily.

Alternative entrees offered daily:

Chicken Caesar salad with garlic bread

Or

Cheese pizza

All students are required to take at least one cup of fruit or vegetables each day.

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